

August 2019

TO: All Active Participants and OTS Retirees and Spouses
Hawaii Teamsters Health and Welfare Trust

FROM: Board of Trustees

SUBJECT: New COBRA Rates Effective September 1, 2019

The Board of Trustees, at their meeting of August 1, 2019, adopted the following changes:

I. COBRA Program

Effective September 1, 2019, the rates for the COBRA Program will be changed as follows:

A. Actives

	<u>Effective 9/01/19</u>	
	<u>Single</u>	<u>Family</u>
Core Coverage *		
UHA & PPO Drug	\$ 581.96	\$ 1,494.21
Kaiser	\$ 642.78	\$ 1,285.57
Full Coverage **		
UHA & PPO Drug with HDS	\$ 617.08	\$ 1,589.20
UHA & PPO Drug w/Gentle Dental	\$ 605.38	\$ 1,556.60
Kaiser with HDS	\$ 677.90	\$ 1,380.56
Kaiser with Gentle Dental	\$ 666.20	\$ 1,347.96

* Core coverage for actives under the COBRA Program includes medical and prescription drug benefits.

** Full coverage for actives under the COBRA Program includes medical, prescription drug, dental, vision, and chiropractic benefits.

B. Disabled Actives (from 19th to 29th month)

	<u>Effective 9/01/19</u>	
	<u>Single</u>	<u>Family</u>
Full Coverage *		
UHA & PPO Drug with HDS	\$ 907.47	\$ 2,337.06
PPO & PPO Drug w/Gentle Dental	\$ 890.26	\$ 2,289.12
Kaiser with HDS	\$ 996.91	\$ 2,030.24
Kaiser with Gentle Dental	\$ 979.71	\$ 1,982.30

* Full coverage for disabled actives under the COBRA Program includes medical, prescription drug, dental, vision, and chiropractic benefits.

C. OTS Retirees under Age 65

	<u>Effective 9/01/19</u>	
	<u>Single</u>	<u>Family</u>
Core Coverage *		
UHA & PPO Drug	\$ 592.67	\$ 1,524.31
Kaiser	\$ 642.78	\$ 1,285.57
Full Coverage **		
UHA & PPO Drug	\$ 594.85	\$ 1,530.39
Kaiser	\$ 644.97	\$ 1,291.65

* Core coverage for OTS retirees under age 65 under the COBRA Program includes medical and prescription drug benefits.

** Full coverage for OTS retirees under age 65 under the COBRA Program includes medical, prescription drug, and vision benefits.

D. OTS Retirees Age 65 and over (includes Medicare Part D Drug)

	<u>Per Individual</u>
Full Coverage *	
HMSA Akamai Advantage and EGWP	\$338.63 (effective until 12/31/19)
Kaiser	\$427.67 (effective 9/01/19)

* Full coverage for OTS retirees age 65 and over under the COBRA Program includes medical, prescription drug, and vision benefits.

Should you have any questions on the above changes or need assistance with your coverage, please contact the Trust Office at 842-0392, or for neighbor islands, call toll free at (866) 772-8989.

<p>English: ATTENTION: If you speak English, language assistance services, free of charge, are available to you. Call 1-808-523-0199 / 1-866-772-8989.</p>	<p>Ilocano: PAKDAAR: Nu saritaem ti Ilocano, ti serbisyo para ti baddang ti lengguahe nga awanan bayadna, ket sidadaan para kenyam. Awagan ti 1-808-523-0199 / 1-866-772-8989.</p>
<p>Spanish: ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-808-523-0199 / 1-866-772-8989.</p>	<p>Japanese: 注意事項：日本語を話される場合、無料の言語支援をご利用いただけます。1-808-523-0199 / 1-866-772-8989まで、お電話にてご連絡ください。</p>
<p>Chinese (Traditional): 注意：如果您使用繁體中文，您可以免費獲得語言援助服務。請致電 1-808-523-0199 / 1-866-772-8989。</p>	<p>Samoan: MO LOU SILAFIA: Afai e te tautala Gagana fa'a Sāmoa, o loo iai auaunaga fesoasoan, e fai fua e leai se totogi, mo oe, Telefoni mai: 1- 808-523-0199 / 1-866-772-8989.</p>
<p>French: ATTENTION : Si vous parlez français, des services d'aide linguistique vous sont proposés gratuitement. Appelez le 1-808-523-0199 / 1-866-772-8989.</p>	<p>Marshallese: LALE: Ñe kwōj kōnono Kajin Majōl, kwomaroñ bōk jerbāl in jipañ ilo kajin ñe aṃ ejjeļok wōñāān. Kaalok 1-808-523-0199 / 1-866-772-8989.</p>
<p>German: ACHTUNG: Wenn Sie Deutsch sprechen, stehen Ihnen kostenlos sprachliche Hilfsdienstleistungen zur Verfügung. Rufnummer: 1-808-523-0199 / 1-866-772-8989.</p>	<p>Trukese: MEI AUCHEA: Ika iei foosun fonuomw: Foosun Chuuk, iwe en mei tongeni omw kopwe angei aninisin chiakku, ese kamo. Kori 1-808-523-0199 / 1-866-772-8989.</p>
<p>Vietnamese: CHÚ Ý: Nếu bạn nói Tiếng Việt, có các dịch vụ hỗ trợ ngôn ngữ miễn phí dành cho bạn. Gọi số 1-808-523-0199 / 1-866-772-8989.</p>	<p>Tongan: FAKATOKANGA'I: Kapau 'oku ke Lea-Fakatonga, ko e kau tokoni fakatonu lea 'oku nau fai atu ha tokoni ta'etotongi, pea teke lava 'o ma'u ia. Telefoni mai 1-808-523-0199 / 1-866-772-8989.</p>
<p>Tagalog: PAUNAWA: Kung nagsasalita ka ng Tagalog, maaari kang gumamit ng mga serbisyo ng tulong sa wika nang walang bayad. Tumawag sa 1-808-523-0199 / 1-866-772-8989.</p>	<p>Hawaiian: E NĀNĀ MAI: Inā ho'opuka 'oe i ka 'ōlelo [ho'okomo 'ōlelo], loa'a ke kōkua manuahi iā 'oe. E kelepona iā 1-808-523-0199 / 1-866-772-8989.</p>
<p>Korean: 주의: 한국어를 사용하시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다. 1-808-523-0199 / 1-866-772-8989 번으로 전화해 주십시오.</p>	<p>Pohnpeian: Ni songen mwohmw ohte, komw pahn sohte anahne kawehwe mesen nting me koatoantoal kan ahpw wasa me ntingie [Lokaiahn Pohnpei] komw kalangan oh ntingidieng ni lokaiahn Pohnpei. Call 1-808-523-0199 / 1-866-772-8989.</p>